



The Project



ProSocial Values Project (2017-1-IT02-KA201-036860) addresses the challenge of social inclusion and education by helping children from 5 to 15 years old to learn the prosocial skills, develop positive interpersonal relationships and therefore foster social coexistence and individual empowerment. The means through which this change will be achieved are an international community of schools cooperating in the promotion of activities at national and international level, a specific training for the teachers and a database of serious online games to involve pupils and improve their prosocial skills.

The prosocial values on which the project is focused are:

Peace, Solidarity, Tolerance, Respect, Equity, Cooperation, Mutual Aid, Gratitude, Empathy, Emotions, Positive Relationships, Freedom, Citizenship, Education, Multilingualism and Communication, Care for the Environment.

Those values are the foundation of civil society and they represent the common values all over the world.

ProSocial Values is creating the “Nobody Less” Community that will involve schools and stakeholders across Europe, and worldwide, to adopt a prosociality attitude as their daily school practices as a pillar of every daily educational life. This community aims at bringing a real change in the way the children learn to coexist in a better way. The spreading of prosocial values and skills among the pupils will help the schools to lower the situations of bullying and/or social exclusion and it will have an impact on a social level too, paving the way for a peaceful and inclusive society.

JOIN OUR NETWORK!

www.prosocialvalues.org



ProSocial Week



This is the first newsletter of the ProSocial Values project, co-funded by the Erasmus Plus Programme of the European Commission (2017-1-IT02-KA201-036860). For this number, the partners have decided to present a summary of the activities and events that took place during the first edition of the Prosocial Weeks.

The Prosocial Week is a moment in which teachers and children implement activities and events to promote the prosocial values among the students of their schools and the local community with the support of the project's partners.

The 2018/2019 Prosocial Week has seen the participation of 104 schools. About 1000 teachers developed 192 activities for more than 10500 students in a period from November 2018 (Lithuania) to end of April 2019 (Republic of North Macedonia).

The ProSocial Weeks in many cases involved the whole school and the community: the teachers joined actively to the proposal and shared examples of educational activities, the feedback from the students has been enthusiastic. Moreover, 320 parents and 35 decision or policy-makers have been involved, in order to obtain a stronger impact on society.

The detailed description of the implemented activities can be found in the blog of the project in the website: www.prosocialvalues.org

In the following pages you can find the general description of the implemented activities in each country.



Trakia University DITT Stara Zagora

Bulgaria

During the ProSocial week in 2019 in Stara Zagora, students from Secondary school Maksim Groki, had the opportunity to work with instruments and create rhythms to express their emotions and to cooperate with each other. Using rhythm in the classroom as an activity has long been proven to provide a safe space where children learn to cooperate, put aside their individual differences and learn about each other by the use of group rhythm. They learn to express their emotions through the rhythm, they learn to help each other, to use their creativity and in this way, everyone is included in the practical exercises. Even those who are afraid of mistakes (or tend to make fun of others who make errors) easily see that mistakes are just a part of the learning process and that they are only a part of what we do. They learn not to be perfect, but be kind, thoughtful, empathetic, cooperating and a part of the group. Children were introduced to the idea of rhythm in our lives, in our classroom and how we can affect each other's mood and state of mind by using the rhythm in different tasks. Students had the opportunity to play several games: "Waves", "Storm", "PJ and Cheese sandwich", "Name game", "What's my emotion", "creating group rhythm", "Follow the rhythm- add and subtract" and others.

The aim of the activity was to provide children with instructions on how they could use the rhythm in their daily lives, creating a bridge between the exercises and the reality.

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Children learned to express their emotions through the rhythm





Polo Europeo Della Conoscenza

Italy

To celebrate the first edition of the ProSocial Week Europole has decided to launch the contest "Oggi per Domani" (Today for Tomorrow) involving at national level all schools in its network from pre-school to middle school. The aim of the initiative was to involve teachers in developing with pupils playful/educational activities (non-formal and informal, linked to robotics but not only) on prosocial values that aim to promote virtuous and real behaviour inspired by these values. The activities had to be developed by the whole class or by several classes of a school, they could be of different nature (games, stories, paths, etc.) and had to be replicable also in other schools in order to become good practices for the future.

Altogether 14 activities involving a total of 400 primary school pupils in the Veneto region were received. In most of the classes involved there were pupils with special educational needs or disabilities. Many of the activities used educational robotics as a means to stimulate cooperation and mutual respect: robots allow the development of positive emotions and the involvement of all pupils beyond their difficulties because they use the universal language of play. Many teachers took the opportunity of this competition to work with their classes on issues such as empathy and bullying prevention.

Thanks to the collaboration with Clementoni Ltd., a company producing educational toys, all participating classes were rewarded with a set of educational robots. The award ceremony took place during the international conference "Free and mindful opportunities in schools to change the future" organized by Europole on March 30, 2019 in Verona. During this important occasion some teachers were also able to show their activities in dedicated spaces inside the congress centre.



Today for Tomorrow:
planting the seeds of the
future prosocial society





Panevėžio Rajono Švietimo Centras

Lithuania



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I am giving this bracelet, which is made from forest colours, the greenery of meadows, the blue sky and my love to my classmates

ProSocial week in Lithuania was organized in four educational institutions. The youngest project participants were the learners from Velzys kindergarten and nursery „Šypsenėlė“, aged 1 to 6. ProSocial week activities were organized taking into consideration the learners age. The main aims were to strive for better emotional wellbeing and teach to create a more friendly environment; to improve pupils' concentration; to help perceive differences and develop tolerance; to teach to say nice words to the classmates; to develop learners' empathy using Kimomochi toys (at the sounds of lullaby softly and carefully rock a doll).

Velzys kindergarten and nursery learners also took part in ProSocial values week in Velzys gymnasium, where one more value was developed: cooperation. In the gymnasium, every weekday was given a separate name: Monday-Emotions day, Tuesday – Empathy day, Wednesday – Cooperation day, Thursday – Altruism day, Friday – Gratitude and Benevolence day. The school library held students' artworks exhibition and another on publications "Prosocial values – what is it?" 15 teachers and 1161 students participated in different activities that week.

Smilgiai gymnasium activities connected with the project, were basically dedicated to the learners from 1st to 6th grade. ProSocial Values were developed in the following events: "Morning Exercise", "Looking for a friend", "Playful games", "Just dance", "Teach a friend", "Self barometer", "Linear dances". 9 teachers and 160 students participated in different activities and reflections.

Naujamiestis gymnasium teachers implemented activities about "How to overcome fear": the students learned to deal with fear using robots (Clementoni Mind Designers) and doing teacher-created "Kahoot" tasks. During the meeting day, they made friendship bracelets and gave them to each other with meaningful words: "I am giving this bracelet, which is made from forest colours, the greenery of meadows, the blue sky and my love to my classmates". In empathy lessons, they made and gave gifts to Naujamiestis hospice patients.

It is worth mentioning that ProSocial week was greatly enriched by Clementoni presented Mind Designer robots. Prosocial week activities were presented by Jurgita Vaitiekunie, Laura Sinkuniene and Asta Klydziene to other educators in Lithuania in the "Fair of ideas" in Klaipeda.





Friends of Education

North Macedonia



In the period from April 1 to 10, 2019 many events happened during the Prosocial Week. 74 events took place across Macedonia. They were organized by 62 Primary Schools, 2 High Schools, 6 kindergartens and libraries. Most of the events were organized in the school premises but some of them were organized in the city center, in Shopping Centers, in nature, etc.

The events were organized by 75 teachers, educators, pedagogs, psychologists, special educators. The events were attended by more than 2000 students from schools, 479 children from 6 kindergartens. More than 70 students with disabilities also participated in joint events. Some events were supported by Local Governments, parents, local people etc.

Pro-social values such as peace, solidarity, equality, co-operation, helping, empathy, environmental protection, inclusion, multilingualism, protection from peer violence were promoted during the events.

Here are some titles: "Supporting and creating a modern society in which all students will have the same treatment and rights", "To protect our environment", "In a world where you can be EVERYTHING, be kind...", "Use the internet and be my friend", "Students from different ethnic groups share HAPPINESS", "To protect animals", "Olympics in playing Social games - The best result in the game INTERLAND", "We take care of our planet, to protect the river", "To grow healthier, to eat healthy food", and so on.

<https://www.friends-of-education.org/prosocial-week/>.



Supporting and creating a modern society in which all students will have the same treatment and rights





Consejería de Educación Junta de Castilla y León

Spain

Schools developed a wide range of activities linked with emotions, inclusion, respect to diversity, shared school-days with elderly people (intergenerational learning), healthy habits, road safety, care of nature, solidarity and cooperation with other countries, by fundraising for an NGO, intercultural dancing and foods. Robotics and ICTs for improving school social environment and bullying prevention, digital security at school and home... but the most important fact is that all, pupils, teachers, parents, grandparents, associations, residences for elderly, 2 mayors and even local police services have actively participated during the prosocial week.

Which means ProSocial Values project made emerge social cohesion and prosocial values week has been a real celebration for everybody! A good reason to make all the community aware of the importance of caring and empowering their own and others' talents (elderly people wisdom, their experience and their tenderness toward children fit perfect at school for generating, for instance, pupils' interest on the subject of history, the respect to others, the joy of life...)

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ProSocial Values project made emerge social cohesion



CEIP PÍO DEL RÍO HORTEGA @ceippiodelrio · 1 h
Muchas gracias a toda la comunidad educativa por su participación en el Mercado Solidario en @ceippiodelrio. ¡Ha sido todo un éxito! #ErasmusK2 #prosocialweek



Uşak İl Milli Eğitim Müdürlüğü

Turkey

Uşak Directorate of National Education organized ProSocial week in 10 schools with the participation of more than 4000 students. The week was organized as a festival and each school organised the activities with different values. These values are peace, equality, co-operation, empathy, multi-lingualism, etc.

In the schools to draw attention prosocial values many activities were organized, for example traditional folk dance festival, in another school a theatre play in Farsi language were took place. Other schools have organized robotic competitions.

The feedback from teachers and students showed that the activities were useful and helped children to understand prosocial values better.



Promote the prosocial values through arts and culture

